

Breakfast

FARM FRESH EGGS

Served with home fried potatoes & choice of toast

Two Eggs to Order \$5.50
Add Vermont smoked bacon, sausage or maple-cured ham\$1.95

Cheese Omelet\$5.95
Additions: cheddar, swiss, mushrooms, onions\$1.00 each

Mushroom & Chevre Omelet\$8.95
Three egg omelet with mushrooms & Vermont goat cheese

Classic Omelet \$7.25
Vermont ham & Cabot cheddar.
Add ham, mushroom, sausage, bacon, pepper, onion75¢ each

FROM THE GRIDDLE

Monte Cristo\$5.95
sandwich, dipped in egg batter and grilled with ham & Swiss or cheddar on sourdough bread

Elmore Mountain ..\$6.95
Elmore Mountain cinnamon raisin bread French toast with Vermont maple syrup

Buttermilk Pancakes\$5.95
Fluffy pancakes made fresh, served with Vermont maple syrup

French Toast\$5.95
Traditional French toast with Vermont maple syrup

add blueberries, bananas, chocolate chips or raspberries \$1.00

Breakfast Burrito\$4.95
2 eggs scrambled bacon and cheese

Black Bean Burrito ..\$4.95
2 Eggs Scrambled w/black beans, salsa & cheese

VT Frittata\$6.95
Assorted Vermont cheddar cheeses, Vermont goat cheese & Vermont smoked bacon

Huevos Rancheros ..\$6.95
Tortillas with 2 scrambled eggs black beans, salsa and cheese

Quiche du jour\$5.95
with fresh fruit

Serving breakfast

all day Sunday

and until 11:00 am

Monday thru Saturday



SANDWICHES

Served with your choice of

Bagel, Croissant, English Muffin or Toast and also choice of Cheddar, American, Swiss, Provolone or Mozzarella

Egg, Cheese & Sausage\$3.95

Egg, Ham & Cheese..... \$3.95

Egg, Bacon & Cheese\$3.95

Egg & Cheese \$2.95

Egg, Tomato & Cheese\$3.25

Egg, Tomato, Sausage, Guacamole & Mushroom\$4.95

2 Eggs, Bacon, Sausage & Cheese \$4.95

CHILDRENS MENU

2 Buttermilk Pancakes \$3.00

2 Buttermilk Pancakes \$3.75
with either blueberries, banana or chocolate chips

2 French Toasts\$3.00

Fruit Cup\$2.75

1 Scrambled Egg\$3.00
with 1 slice of toast and home fries

SIDES

Vermont Smoked Bacon.....\$3.00

Vermont Maple Sausage\$3.00

Vermont Maple-Cured Ham.....\$3.00

Home Fried Potatoes2.95

Fresh Fruit Salad\$4.50

Homemade Granola with Milk.....\$3.50

Elmore Mountain Raisin Bread\$2.00

Toast.....\$1.50
Wheat, White, English Muffin, Sourdough

SWEET CRUNCH
BAKESHOP & CATERING CO.
SWEET AND SAVORY

Pastries, pies, cakes for any occasion

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DINNERS TO GO
.....
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SOUP & SALAD

SOUPS OF THE DAY PRICED ACCORDINGLY

House Salad Mixed greens, tomato, cucumber, carrot, red onion and croutons

Side Salad..... \$3.95

Full Salad \$5.95

Local Greens..... \$5.95
Local Seasonal Greens

Daily Soup & Dinner Specials

Warm Goat Cheese Salad\$8.25

Goat cheese toasts with organic greens, toasted walnuts and balsamic vinaigrette

Chef Salad\$7.45

Mixed greens with ham, turkey, hard-boiled egg, tomato, cucumber, red onion and cheddar cheese

Spinach Salad\$7.95

with bacon, hard-boiled egg and shredded carrots

Caesar Salad\$6.95

Romaine lettuce croutons, shaved asiago cheese, anchovies upon request.
add Salmon\$3.00

Chicken Salad\$7.45

on fresh local greens

Tuna Salad\$6.95

with tomato on greens

Asian Chicken Salad\$7.95

on crunchy romaine with mandarin oranges, toasted almonds, and chow mein noodles in a ginger sesame vinaigrette

Salmon Salad\$9.95

on greens with, dill, olives, feta, mandarin oranges, almonds, and red onion with a honey mustard citrus vinaigrette

Waldorf Salad:\$7.95

Mixed greens, dried cranberries, pecans, apple and brie cheese

BBQ Chopped Chicken Salad.....\$8.95

with romaine, pepper mustard chicken, roasted corn and black beans, blue tortillas and BBQ Ranch

Fresh Fruit Salad\$4.95

Add Grilled Chicken to any Salad.....\$2.00

CHOICE OF DRESSINGS: Caesar, honey mustard Vermont bleu cheese, ranch, Vermont maple mustard vinaigrette or balsamic vinaigrette

8 INCH GRILLED FLATBREAD PIZZA

The Bellagio \$7.95
eggplant, pesto, tomato and mushroom

The Florentine:..... \$7.95
chicken, spinach, feta, olives and mozzarella

The Margherita\$5.95
tomato, basil and mozzarella

The Cabot \$7.95

Vermont ham and bacon, with Cabot sharp and tomato basil cheddar

CREATE YOUR OWN \$1.00 PER TOPPING

Mushroom, onion, pepper, olive, pesto, chicken, ham, bacon, sausage, barbecue sauce, feta, eggplant, zucchini.

TRADITIONAL SANDWICHES

Turkey Wrap\$5.95

Maple turkey caesar wrap with romaine lettuce, caesar dressing, avocado, provolone and roasted red peppers

Turkey & Bacon\$6.25

Turkey, maple bacon, lettuce, tomato, cheddar and mayo on fresh baked bread or a wrap

Smoked Bacon BLT\$5.25

Vermont smoked bacon, lettuce and tomato on fresh toasted bread

Chicken Salad\$5.95

Chicken salad served with lettuce and tomato on fresh baked bread or in a wrap

Monte Cristo.....\$5.95

Sandwich dipped in egg batter and grilled with ham and Swiss or cheddar on sourdough bread

Portobello Mushroom Sandwich\$5.95

Grilled portobello mushroom on toasted sourdough bread with red onion and fresh herb mayonnaise

BURGERS

Traditional Burger \$5.99

Traditional burger on a bulkie roll with lettuce and tomato

Boyden Farm Burger \$8.99

Boyden Farms organic beef burger free range Vermont grass fed beef



Add Cheese50¢ea

Add Bacon.....\$1.50

CHEDDAR, AMERICAN, SWISS, PROVOLONE, MOZZARELLA

Roast Beef\$6.95

roast beef with cheddar or Swiss cheese, lettuce, tomato, caramelized onions and horseradish mayonnaise served on a toasted baguette or choice of bread

Grilled Cheese on Fresh Baked Bread: \$3.00

Choice of provolone, Swiss, cheddar or American cheese

With Tomatoes ...add \$.50

With Ham ...add \$1.00

Grilled Chicken Sandwich\$6.95

with lettuce, tomato, bacon and cheese

Tuna Melt:\$6.95

Open faced with tomato and cheese

Tuna Salad\$6.95

with lettuce and tomato

Ham & Cheese\$5.95

Ham and Swiss or cheddar cheese on fresh baked bread with lettuce and tomato.

1/2 SANDWICH WITH CUP OF SOUP \$5.95

(HAM, TURKEY, ROAST BEEF OR TUNA)

Bread Choices Homemade, wheat or white, bulkie roll, sourdough, wrap or toasted Elmore Mountain baguette

SIDES

Potato Salad • Pasta Salad • Coleslaw

Rosemary Oven Fried Potatoes

.....\$3.00 Each

PANINIS

Goat Cheese Panini \$7.95

Goat cheese & Portobello mushroom with roasted red peppers and onions with fresh basil mayonnaise on rosemary focaccia

Roast Beef Panini \$7.95

Roast beef with horseradish mayonnaise, provolone cheese and caramelized onions on rosemary focaccia

Grilled Cheese Panini \$5.95

Creamy American, Provolone & white cheddar cheeses

Caprese Panini \$6.95

with basil mayonnaise, tomato and mozzarella cheese, balsamic vinegar and olive oil

Waldorf Panini \$7.95

Chicken, dried cranberries, pecans, apple and brie cheese

Chicken Panini \$7.50

with pesto, spinach, tomato and cheddar cheese

Cheese Steak Panini \$7.95

Roast beef, onions, peppers, mayonnaise and provolone

Chicken Cordon Bleu Panini: . \$7.95

Chicken, ham, Swiss and Dijon mustard

Turkey Panini \$7.50

with coleslaw and swiss

Chipolte Chicken Panini \$7.95

with roasted chicken, bbq chipolte sauce, bacon, spinach, tomato and cheddar

Vegetable Panini \$6.95

Pesto, zucchini, eggplant, peppers, mushrooms & provolone

Salmon Panini

\$7.95 Grilled salmon, dill, red onion and goat cheese

Quiche of the day \$5.95
served w/ fresh fruit

CHILDREN'S MENU

Peanut Butter & Jelly

Peanut Butter & Honey

Grilled Cheese

Fresh Fruit Cup



\$3.00 each